

Q: What is as important as eating right and exercise?

A: Vaccines! Like eating healthy foods, exercising, and getting regular check-ups, vaccines play an important role in keeping us healthy, including pre-teens and teens. Vaccines are one of the easiest ways to keep people from getting sick.*



*adolescentvaccination.org

UPDATED SCHOOL IMMUNIZATION REQUIREMENTS

Below are diseases that can be prevented by vaccines. Some of these diseases are currently making people sick in Michigan and Monroe County. Let's protect our children and the community!

Recently, Michigan has changed its school immunization requirements. Remember, it is important to have your child protected. These shots can help prevent these diseases.

CHICKENPOX

Chickenpox causes an itchy rash all over the body and can lead to skin infections, scars and trouble breathing.

If your child is going into kindergarten, 6th grade, or changing school districts, he or she *must* get:

2 doses of Varicella (Chickenpox) vaccine or have a history having of chickenpox illness.

MENINGITIS

Meningitis affects the brain and spinal cord and can lead to brain damage, severe disabilities or death.

If your child is 11 to 18 years and changing school districts, or in 6th grade, he or she *must* get:

1 dose of meningococcal (MCV4 or MPSV4) vaccine.

TETANUS/DIPHTHERIA/ACELLULAR PERTUSSIS

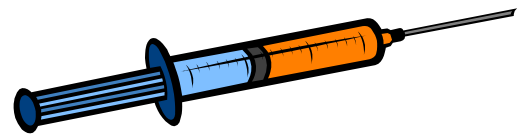
Tetanus causes painful tightening of the muscles, making it hard to breathe, eat or move.

Diphtheria causes a thick coating in the back of the throat, making it hard to breathe and even death.

Pertussis (whooping cough) causes coughing or choking, making it hard to eat or breathe.

If your child is 11 to 18 years and changing school districts, or in 6th grade, he or she *must* get:

1 dose of tetanus/diphtheria/acellular pertussis (Tdap) if 5 years have passed since your child's last dose of tetanus/diphtheria vaccine (DTaP, Td, DT).



HUMAN PAPILLOMAVIRUS (HPV) VACCINE

Human papillomavirus (HPV) is a common disease. It can cause cervical cancer in females and genital warts in both males and females. HPV vaccine is important because it can protect your child from most cases of cervical cancer and genital warts.

If your child is a girl 11 to 18 years, she *should* get:

3 doses of HPV4 or HPV2 vaccine.

If your child is a boy 11 to 18 years, he *may* get:

3 doses of HPV4 vaccine.



QUESTIONS???

For more information, please contact your doctor or call Monroe County Health Department at (734) 240-7800 or (888) 354-5500.

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