

WHITEFORD AGRICULTURAL SCHOOL DISTRICT

IF YOUR CHILD TESTS POSITIVE FOR COVID-19

- Contact your child's school office regarding absence
 - Elementary Office - Elaine Thieman at 734-856-1443 Ext. 110
 - Middle/High Office - Angel Webb at 734-856-1443 Ext. 108
- Contact your child's teachers through Schoology regarding missed assignments/work
- Superintendent's Office will contact you regarding details of isolation for safe return
- Superintendent's Office will submit to Monroe County Health Department as required

STAYING HOME WHEN SICK

- People who have symptoms of respiratory or gastrointestinal infections, such as cough, fever, sore throat, vomiting, or diarrhea, should stay home.
- Testing is recommended for people with [symptoms of COVID-19](#) as soon as possible after symptoms begin.
- People who are [at risk for getting very sick](#) with COVID-19 who test positive should consult with a healthcare provider right away for possible treatment, even if their symptoms are mild.
- Staying home when sick can lower the risk of spreading infectious diseases, including COVID-19, to other people.

WHEN TO ISOLATE

- Everyone, regardless of vaccination status should isolate themselves from others when you have COVID-19.
- You should also isolate yourself if you are sick and suspect that you have COVID-19, but do not yet have test results.

If you had symptoms	If you had NO symptoms
Day 0 of isolation is the day of symptom onset, regardless of when you tested positive.	Day 0 is the day you were tested (not the day you received your positive test results).
Day 1 is the first full day after the day your symptoms started.	Day 1 is the first full day following the day you were tested.
	If you develop symptoms within 10 days of when you were tested, the clock restarts at Day 1 on the day of symptom onset.

ISOLATION

- If you test positive for COVID-19, stay home for at least 5 days (Days 1-5) and isolate yourself from others in your home. You are likely most infectious during these first 5 days.
- [Wear a high-quality mask](#) if you must be around others at home and in public.
- Do not go places where you are unable to wear a mask.
- Stay home and separate from others as much as possible.
- Use a separate bathroom, if possible.
- Take steps to [improve ventilation](#) at home, if possible.
- Don't share personal household items, like cups, towels, and utensils.
- Monitor your [symptoms](#). If you have an [emergency warning sign](#) (like trouble breathing), seek emergency medical care immediately.

ENDING ISOLATION

- End isolation based on how serious your COVID-19 symptoms were.

If you had symptoms	If you had NO symptoms
You may end isolation after Day 5 if: <ul style="list-style-type: none">● You are fever-free for 24 hours● Symptoms are improving	You may end isolation after Day 5.
If you still have fever or other symptoms have not improved, continue to isolate until they improve or consult your healthcare provider for further guidance.	

REMOVING YOUR MASK

- After you have ended isolation, when you are feeling better (no fever without the use of fever-reducing medications and symptoms improving), wear your mask through day 10.

OR

- If you have access to antigen tests, you should consider using them.
- With two sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.
- If your antigen test results are positive, you may still be infectious.
- You should continue wearing a mask and wait at least 48 hours before taking another test.
- Continue taking antigen tests at least 48 hours apart until you have two sequential negative results.
- This may mean you need to continue wearing a mask and testing beyond day 10.

EXPOSURE TO COVID-19

- Wear a mask as soon as you find out you were exposed.
- Day 0 is the day of your last exposure to someone with COVID-19.
- Day 1 is the first full day after your last exposure.
- Continue precautions for 10 full days.
- You can still develop COVID-19 up to 10 days after you have been exposed.
- Watch for symptoms.
- If you develop symptoms, isolate immediately, get tested, stay home until you know the test results.
- Get tested at least 5 full days after your last exposure.
- If you already had COVID-19 within the past 90 days, see [specific testing recommendations](#).
- If you test NEGATIVE, continue taking precautions through day 10.

References

Centers for Disease Control and Prevention. (n.d.). *Operational guidance for K-12 schools and early care and education programs to support safe in-person learning*. Centers for Disease Control and Prevention. <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-childcare-guidance.html>