THE STATE DECEMBER 2018

UPCOMING EVENTS:

- By: Leah Donnelly
 Jan. 12th Class of 2019 Blood Drive (9-
- Jan 16th Jan. 18th- <mark>Semes</mark>ter Exams. Jan. 17th Early Dismissal (11:00 AM)
- Jan. 18th End of 2nd marking period Jan. 18th Early dismissal (11:00AM)
- Jan. 21st NO SCHOOL Martin Luther
- King, Jr. Day Jan. 25th Early dismissal (11:00AM)

#IMATTER

By: Mallory Simmons The Whiteford Student Prevention Leadership Team went to the Monroe County Community College on Tuesday, December 4th, for the annual Youth "SPLT" Seminar. The twenty-four students learned about drug and alcohol addiction, mental health, stress relief, and how to properly use OK2SAY. The overall theme of the day was "#IMatter." Juniors

Mallory Simmons, Ellie DuVall, and Lainey Hillard gave small speeches in front of the other 500 students about why they don't do drugs and why they joined SPLT. During the day, the WAI-IAM gave an interactive and touching presentation featuring a mother-son duo, and Michigan's Attorney General, Bill Schuette, also had a recorded speech for the students. "Today was more than just a day off school. I learned a lot. On the bus ride back, we started making plans and sharing ideas to do this year," said sophomore Macie Lee.

<mark>NEW YEA</mark>R'S R<mark>ESOLUTIONS</mark>

By: Jessica Gozdowski With the end of the holiday season comes a whole new set of ideals and standards many Americans will hold themselves to, most of them trying to start off the year on the "right" foot w<mark>ith New Yea</mark>r's Resoluti<mark>ons. Stat</mark>istically speaking, 80% of resolutions fail by February. Why? Most resolutions are based on aspects of appearance. The goals many set for themselves are superficial, such as wanting to look like a Victoria's Secret model or world

> class weightlifter. Eating healthy and working out is an amazing idea in theory, but for the many busy Americans working 9-5 with children at home, or even high school and college students going to school from 8-3 with homework afterwards, these shallow ideologies don't cut it when making a lifelong

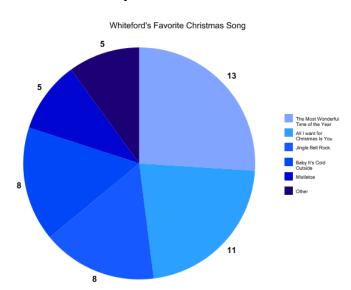
goal. Americans are beginning to ditch the idea of New Year's Resolutions because many don't want to set themselves up for failure; however, New Year's Resolutions could be fun if done correctly. First, don't make goals to look a certain way or be a certain weight. It won't make you any happier. Second, start small with little goals so that you can work your way up to a bigger/grander goal, and finally, understand life changes take time and will power. You won't gain a 6 pack by eating a single carrot, so don't get frustrated and quit.

"Today was more than just a day off school. I learned a lot. On the bus ride back, we started making plans and sharing ideas..."



CHRISTMAS POLL

By: Caleb Walton



CAST LIST FOR 2019 SPRING MUSICAL

By: Ellie DuVall

This year's musical will be Mary Poppins and the cast includes 5 seniors, 10 juniors, 5 sophomores, 8 freshmen, and 3 eighth graders.

Congratulations to this year's cast! Mary Poppins - Taylor Yount Valentine - Olivia Cossins Bert - Kasey Ebersole Teddy Bear - Kennedy Murray George Banks - Adam Lenhart Winifred Banks - Lainey Hillard Miss An<mark>drew -</mark> Kaissidy Homolka Katie Nanna- Tatiana Barnett Policeman- Josh Niederkohr Miss Lark- Makaila Yavorsky Admiral Boom- Julian Crots Mrs. Brill- Pamela Ouelette Robertson Ay- John Roscoe Park Keeper- Luke Murphy Neleus/ Doll- Ellie DuVall Queen Victoria- Harmony Torres Miss Smythe- Tuesday Broshious Von Hussler- Julian Crots Bird Woman- Susie Howell Mrs. Corry- Kenzie Sybert Fannie- Rylyn Wing Annie- Emily Wright Ensemble: Logan Brown Ethan Emch Katlyn Hamen Megan Henry Anna Hetzel Molly Howell Emma Jurgenson Kaitlyn LaVoy Mackenzie Lay Jasah Urrutia

Madison Yelverton



NEW YEAR'S PLANS

By: Kenzie Sybert

December is the month well known for Christmas, but it also brings up the rear of the year; leading us into New Year's! While the holiday is not as anticipated as Christmas, it is still a celebrated holiday. Some people look forward to the food, like Molly and Susan Howell, "Every year we only make appetizers and snacks all night, then in the morning we eat omelets!" Others follow the traditional as well. "I stay up with my brother, even though he always falls asleep, and watch the ball drop," said Tuesday Broshious. Some follow Christmas up with more family time. "My family always stays up together, has a party, and watches the ball drop," said Olivia Cossins. No matter how extravagant people's plans to bring in the New Year may be, they always seem to follow traditions and the ability to be with fami-

SOUP KITCHENS AND COMMUNITY SERVICE

By: Melanie Owen

It is that time again, the season of giving! There are people who are unfortunate and do not get to have a Christmas dinner this year. Christmas is not all about the presents under the tree, it is about giving and helping those who need it. Take one day out of your week to help at a local soup kitchen. Help out and make hot soup available to the people who may be alone in the cold and hungry. Working at a soup kitchen will give an amazing opportunity to feed people who need it. Come visit the Toledo Gospel Rescue Mission located on 1917 Jefferson Avenue in Toledoto help the people around you.

TALENT OF THE MONTH

By: Julie Lewis

Our Talent of the Month for December is Adam Lenhart. Adam has been involved with dance and musical theatre since the 5th grade. "You meet more people who love what they're doing," said Adam. More than likely, you have seen him on the stage in our annual high school musical. Some of the roles he has played are Chef Louie in *The Little Mermaid*, a Wickersham brother from *Seussical* and many more! Adam's one piece of advice is, "If you've ever wanted to try a musical, give it a shot because you will never know what will happen, but it will be fun."

CHRISTMAS RECIPE

By: Milly lott

When someone asks you to think of a Christmas dessert, what's the first one that pops in your mind? For me, it's Christmas cookies! However, I'm going to give you a new and unique recipe to make this holiday season!

Oreo <mark>Sn</mark>owman Truffles: Ingredients:

- 1 (8 oz) pkg. cream cheese softened
- 36 OREO Cookies (regular size), finely crushed
- 16 ozs vanilla candy coating, melted (like almond bark)
- 48 Mini OREO Bite Size Cookies
- Decorations: decorating icing or gel; multicolored sprinkles

Instructions:

- Mix cream cheese and cookie crumbs until well blended.
- 2. Shape into 48 (1-inch) balls; place in single layer in shallow pan. Freeze for at least 20 minutes. They can be frozen for longer.
- 3. Dip balls in melted coating; I do this by using a fork and tapping the fork on the bowl of my candy coating to remove some of the extra coating. Place in shallow, waxed-paper-lined pan, allowing excess coating to pool at bottom of each ball.
- 4. Chill balls until coating is set.
- 5. Decorate with remaining ingredients as desired. Place in the fridge immediately to set up the decorations.
- 6. Refrigerate 1 hour or until firm. Keep refrigerated.

CHRISTMAS PUZZLE

By: Katlyn Taylor

HSISMTCRA	
NLSIET	
ERTE	
SREPNTE	
GNGIIV	
UCCRNRTAKE	
GIRERNDBEGA	

Answer Key: Christmas, Tinsel, Tree, Present, Giving, Nutcracker, Gingerbread

STUDENT OF THE MONTH

By: Logan Murphy

The school year causes a lot of wear and tear on your body and mind. That's why an award like the Student of the Month is so prestigious because it proves that you not only have the brains, but you also have the brawn and willpower to stick it out. This month's Student of the Month goes to Junior Natalia DiTerlizzi. She has not only shown good grades, but the consistency to main-

tain those grades as well. When I sat down with Natalia, I asked her what it took to be on top of things and she responded with, "I study in my free hours and work really hard on homework." Her one piece of advice to incoming middle-schoolers is, "I would stress how im-



portant it is to turn your homework in ON TIME and take advantage of your free time. As you get to high school, that free time tends to disappear on you."

ATHLETE OF MONTH

By: Logan Murphy

This month's athlete has shown great composure with his hard work and determination in practice. Junior Brodi Tesznar is the Athlete of the Month for December. All the extra time spent after basketball practice working on his game is starting to show as Brodi broke the starting lineup on varsity and can make himself comfortable as he is doing great. Asked how he makes it look so easy, Brodi said, "I work really hard in the weight room and I treat practices like games, so my body is prepared when it is game time." He makes so many plays out there because

"whenever coach makes film available, I watch it before I go to bed so I can put myself in the best possible position every game." Brodi's hard work has separated him from the rest of the group.





BIRTHDAYS By: Megan Wilson Zoe Bauman 12/30 McCabe Burtscher 12/4 McKennon Burtsher 12/4 Jami Creque 12/30 Seneca Desmond 12/25 Trent Durden 12/26 Evan Dyer 12/4 Erica Fouts 12/17 Cole Giesige 12/10 Madison Hines 12/6 Susan Howell 12/4 **Hunter Lake** 12/27 Julie Lewis 12/8 Nickolette Moore 12/19 12/23 Luke Murphy Olivia Murphy 12/26 Ty Ruddy 12/13 D'Ondre Shaw 12/12 **Devon Shaw** 12/19 Ellie Simmons 12/11 Emma Spradling 12/19 Mercedez Trejo 12/23 Jordan Wilson 12/6 Megan Wilson 12/6

SNOW DAY ACTIVITIES

By: Addie Hodgkins

During the school year, the days that most kids look forward to are snow days. Snow days are bunches of fun because they are (mostly) always random and unexpected. If you are anything like me, on snow days I just like to lie around in my pajamas and catch up on sleep. But... if you are ever bored and want some ideas of what to do, this article is perfect for you!

Snow Ice Cream:

Materials- 8 cups snow/shaved ice, 14-ounce can sweetened condensed milk, 1 teaspoon vanilla extract.

Instructions- Place snow into a large bowl. Pour condensed milk over and add vanilla extract. Mix to combine and serve immediately. Snowflake Paper:

Materials: Paper and scissors.

Instructions: Fold paper in half diagonally to make a triangle. Fold in half so the pointy ends meet. Fold again in thirds, you may need to adjust the pieces, so do not crease the paper until the folds are correct. Then, cut across the bottom of your paper to make it straight. Cut so it looks like a triangle. Unfold and enjoy.

DIY CHRISTMAS DECORATION

By: Lainey Hillard
Make your own Christmas wreaths
out of ornaments. First, take a metal clothes
hanger and bend it so it looks like a circle.
Then take the top of the hanger and unwind
it so you can string ornaments on until it is
full. Take the top of the ornament and layer
it on to the wire so it resembles a full
wreath. After you have filled your hanger,
bend the top closed. Now you can place the
finished product on a door or wall to enjoy
the festive feel.



RALPH WRECKS THE INTERNET: MOVIE REVIEW

By: Zack Bertz

Did you love Wreck-It Ralph? Do you love animated movies, or do you just love going to the theatre? If you answered yes to any of these questions, Ralph Wrecks the Internet is a movie that you should definitely check out. This movie takes a twist as arcade characters learn about the internet and take a journey through cyberspace. Ralph and Vanellope adventure into the internet in search of a part to help save Sugar Rush, a game in the arcade. While exploring the internet, they discover features they could never dream about in the gaming world. They learn how to overcome the internet's downsides, such as viruses and pop-ups. I would give this movie a rating of 8 out of 10 overall. I highly suggest watching Ralph and Vanellope as they journey to the unknown.



CHRISTMAS TRADITIONS AROUND THE WORLD

By: Olivia Murphy

In America, we never typically stray far from tradition when it comes to the holidays. Decorating the tree, baking cookies, and wrapping presents are activities that Americans love to do during this time of year. Looking at Christmas lights and decorations, setting out cookies for Santa, and caroling are staples of the Christmas holiday in our country. We have our own traditions during this time of year, but have you ever wondered how other places in the world celebrate Christmas?

In the Philippines, they get into the Christmas spirit by holding Ligligan Parul Sampernandu, a.k.a. The Giant Lantern Festival. On the Saturday before Christmas Eve, eleven villages compete in building the most elaborate and beautiful lantern.

In Iceland, during the thirteen days leading up to Christmas, characters known as the Yule Lads come out to play. Children leave their best shoes by the door, and each night a different Yule Lad comes and gives the good kids presents and the bad kids rotting potatoes.

Not all Christmas traditions around the world are what we would think as normal. In Sweden, a popular tradition is trying to burn down a 43-foot tall statue of a goat. In Austrian tradition, St. Nicholas rewards good kids, while Krampus is said to capture the naughty children and take them away in his sack. During the first week of December, young men dress up as Krampus and go around frightening kids with chains and bells. Another strange tradition comes from Norway. Old stories tell of evil witches and spirits coming out on Christmas Eve, so people hide their brooms in order to prevent the spirits from stealing them to ride.

No matter what you believe or how you celebrate, Christmas is a time for unity. Whether it be building beautiful lanterns or burning down a statue of a goat, this time of year is made to bring people together. Keep up whatever traditions you enjoy and have a great holiday season!



MEME OF THE MONTH

By: Hunter Lake

What a baby sees when you are trying to play peek-a-boo:



WHITEFORD'S HOLIDAY PLANS

By: Macy Long

The holidays mean many different things to many different people. Some people celebrate Hanukkah and others celebrate Kwanzaa. The majority of the students at Whiteford celebrate a "traditional" Christmas. Some of these students shared their plans for the cheerful holiday. Senior Nicki Moore shares that it is tradition to open presents in the morning with her mother, father, and her older brother, Gabe. They all grab a present and open it at the same time. After sharing their excitement and appreciation. they grab another present to open. When all the presents under the tree are unwrapped. the four sit down and enjoy a homemade breakfast. Junior Mia Miller explains that her mother and sister, Leorah, are allowed to open one gift during the afternoon of Christmas Eve. They are allowed to pick a small present from under tree and they open the rest Christmas morning. They started the tradition around 5 years ago without reason, but it has stuck throughout the years. Senior Nicholas Donnelly doesn't celebrate Christmas with his immediate family on the 25th like most people, but celebrates it when everyone is together. Having a large family doesn't stop the Donnelly's from celebrating when they are away from home during the holidays. They set a date as close to Christmas as possible when they can be together. The family includes his mom, dad, sisters Rachel and Kristen, and brother Jack.

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